

EMMANUEL FAMILY NEWSLETTER 395 Lakeshore Drive North Bay, Ontario P1A 2C5 705-472-1806

Minister: Rev. Roni Beharry
Organist: John Henderson
Secretary: Sheila Durand

Office Hours: Wednesday—Friday
9:00 pm — 1:00 p.m.

Chair of Council: Bev Carmichael
Envelope Secretary: Sherri Pinder

May 2018



Dear Friends,

One of my recent joys of being your minister was celebrating the number of volunteers who helped at our recent Beef Supper. I was very grateful to Lisa Blais, Youth Minister at Trinity United Church, who arranged for a number of youth to come out and help with various tasks which included: scraping food off dirty dishes, loading the dishwasher and packing away dishes. It was also gracious of our Member of Parliament Anthony Rota to come out and serve alongside us. My grandmother often said, "many hands make work light." I hope that we can sustain these relationships and establish other sustainable partnerships as we build on this legacy of community-building suppers.

A mentor of mine once suggested to me that the word responsible can be understood as a composite of two words response-able. Simply stated, we are called to respond as we are able. I am impressed by the high level of longstanding commitment expressed by so many of our members, the young adults who serve on committees and our youth who also contribute their voices to leadership.

I have been heartened by the twenty plus folk who have participated in our movie nights and follow up discussions, they included church members and friends. It is exciting to see us influencing and engaging a wider circle. I am grateful for the many hands and big hearts that have been coming forward!

I love the concept of the Fun Sheet and I hope that we can expand it beyond the suppers, and work toward defining small roles for other undertakings, not too overtasking but empowering us all to share in the work of being church together. Let's keep it manageable. Most of us cannot do great things but most of us can do small things with great love for our church. So let's be moved by generosity, and give of our time and talent.

Similarly, as we prepare for a time of vacation, I ask you to consider giving a summer donation to the church, so that we can continue to provide worship services and sustain the costs of keeping our doors open to the public over the summer months. Did you know that if you provided a donation of \$20.00 or more, with your contact information, you can receive a charitable receipt for income tax purposes?

Lorne and I are looking forward to a relaxing two-week break with family. On a closing note, I can report that seedlings are hatching and the bulbs are producing green shoots! Signs of renewal are all around. Happy Spring Everyone!

Blessings,

Rev. Roni





A few Dedicated Items from Your Church

<u>In upcoming newsletters</u>, you will find pictures and available information on a variety of items located around our church. These items have been 'dedicated' or 'donated' to Emmanuel throughout the years.

Located beside the piano in the Passmore Hall is this beautiful pulpit.

History records the gift of this pulpit by Mr. and Mrs. W. Black and Mrs. C. Black sometime in 1935. Although it is difficult to see, the plaque on the front of this pulpit reads "In Loving Memory of John Thomas Black".





Also shown in the history records, at about the same time, this Communion Table, which is located in our church Chapel, was given by Mrs. H. Sparling in memory of her husband George Herbert Sparling. Again, the plaque on the front is difficult to read. The funeral of Mr. Sparling was the first to be held in the church.



DATE: Sunday June 24, 2018

TIME: 10:30 a.m.

PLACE: Emmanuel Village Lawn, beside our parking lot.

Time again for our Outdoor Worship Service. This year it will be held on JUNE 24, at 10:30 a.m. Weather permitting, we will gather outside, on the grass of Emmanuel Village. Folks should bring a lawn chair, and be prepared to enjoy the morning sunshine as we worship in the fresh air.

PICNIC LUNCHEON
in the Hall at Emmanuel
following the Service on
SUNDAY, June 24, 2018



The Picnic luncheon will take place in the church Hall about 11:30 a.m. after the Worship Service (which starts at 10:30 a.m.) and the Congregational Life and Work Committee will supply the sandwiches, desserts,

beverages, plates, etc. There will be a free-will donation to help cover the cost of the food and if there is any profit from the luncheon it will go to the General Fund of Emmanuel United Church. If weather permits you may take your lunch outside to have on your lawn chair. Tables & chairs will be set up in the Hall for those that want to eat lunch inside.

If you are willing to help with clean-up after the luncheon, please contact Bud at 474-8725 as 2 of our committee are away for the Picnic.

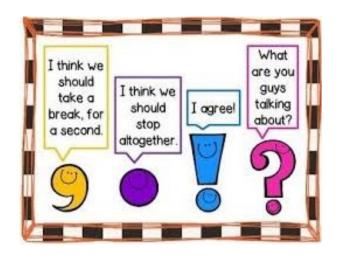
WE HOPE THAT YOU WILL JOIN US ON THIS SPECIAL DAY.

A grandfather was delivering his grandchildren to their home one day when a fire truck zoomed past. Sitting in the front seat of the fire truck was a Dalmatian dog. The children started discussing the dog's duties.

"They use him to keep crowds back," said one child.

"No," said another. "He's just for good luck."

A third child brought the argument to a close. "They use the dogs," she said firmly, "to find the fire hydrants."





Children's Logic: "Give me a sentence about a public servant," said a teacher. The small boy wrote: "The fireman came down the ladder pregnant." The teacher took the lad aside to correct him. "Don't you now what pregnant means?" she asked. "Sure," said the young boy confidently. 'It means carrying a child"

COW MUSINGS

For anyone who is interested in some results of the 2018 Beef Supper, the following analysis indicates that the bulk of our profit comes from **OUTSIDE** our own church community.

484	total tickets sold	
15	church members	225.00
1	children of church members	5.00
8	complimentary	0.00
59	Workers	855.00
0	Children—from the community	
401	Community supporters	6,015.00
484	Sum total of tickets	
		\$7,100.00



At this point, it should be noted that a number of the workers were **NOT** members of Emmanuel, but neighbours and friends of Emmanuel members. As well, there was one adult and several youth volunteers from Trinity United Church!

And thus our Beef Dinner 2018..

This year we served 484.

Our total receipts, including cash donations, were \$7,405.00 Expenses \$2,664.13

Profit \$4,740.87

And...... our "Save-A-Cow' Cattle Ranch campaign 'saved' 27 cows for an additional \$1,350.00.

Thank you to all who made those extra donations.

AS A RESULT OF THE 2018 BEEF DINNER, including what was previously in the bank account, we were able to DONATE a grand total of \$6,350.00 to the church. Well done everyone!

Please extend a warm Emmanuel welcome to **Sheila Durand** who assumes duties as Church Secretary effective June 1, 2018. Please take a moment to make yourself known during the new office hours 9 a.m. - 1 p.m., Wednesday to Friday inclusive. Both changes were approved at the May 9, 2018 council meeting.

Sheila Durand was recommended as a result of the M&P Committee selection process which generated 22 applications by the April 12th deadline. Sheila professes to be semi-retired after 19 years service with libraries and like minded associations in Ontario. Her attributes and experience is suited to assist Emmanuel's efforts to grow in pursuit of its mission.

The change resulted from Laura Martin's notice she had opportunities to expand her involvement in local Christian ministries. Emmanuel will be forever grateful for Laura's contribution as Church Secretary during a period of significant change for our church. She made friends with all she encountered. Thank you, and best wishes in your new endeavours Laura.



Thanks very much to all the men of the congregation who volunteered their vocal talent to sing so beautifully to the ladies on Mother's Day May 13. The ladies of the church will have their opportunity to respond on Father's Day June 17, with their beautiful voices.

Thanks also to John Sheridan who was our guest minister May 20, while Rev. Roni is on vacation. Thank you also to Rev. Lori Campbell who will be our guest minister on May 27.

On Sunday June 17, Aboriginal Day, Maurice Switzer will share the pulpit with Rev. Roni as our guest minister. Also on that day the Aboriginal violin group "Strings Across the Sky" will be our guest performers.

Our annual Church Picnic will be held on Emmanuel Village grounds, June 24.

On Sunday August 5, Emmanuel's long time friend, Rev. Ray Goodship will share the pulpit with Rev. Roni as our guest minister.

On Sunday August 12, John Sheridan will be our guest minister and on Sunday August 19, the Rev. Kathleen McCallum will be our guest minister, both while Rev. Roni is on holidays.

Summer services will be held at 10.00 A.M. from July 1 to September 2 inclusive. The 10.30 A.M. services will return September 9.

We have secured both our video licence and our music licence for this year which will allow us show movies and clips for our Sunday services as well as reproduce music.

A new Wedding Policy for Emmanuel has been prepared by our Committee and has been presented to the Church Council for approval at their June meeting.

Thank you to all the Congregation who have helped with Scripture reading, ushering, Communion serving, and to those that you bring forward your ideas to us, that help to keep our Worship meaningful.

Jack Page, Chair - Worship Committee.

ATTENTION, ATTENTION MAY WE HAVE YOUR ATTENTION PLEASE

Do you want a tax receipt at year end?

If the answer is yes, and you are giving in unmarked envelopes, we would like to encourage you to put your name on the envelope. It is only in this way can you get credit, and an income tax receipt, for your most welcomed and thankful contributions..

Sincerely,
Your Finance Committee

SAVE the DATE: JUNE 16th, 2018



High Tea will be served on Saturday June 16th 2018 at Trinity United Church from 1:00 p.m. to 3:00 p.m. Entertainment will be provided by the Heartbeat Quartet.

Admission is \$10.00 per person plus a baby item. No formula or clothing please.

Cash donations in excess of \$20.00 will receive a tax receipt.

Come for the food and entertainment. Feel free to wear a fancy hat, after all, this is a High Tea!

All proceeds will go directly to Trinity's Infant Food Shelf.

For more information please contact the church office 705 474 3310.

EMMANUEL UCW POT LUCK LUNCH - Tuesday, June 12, 2018 - 11:30 am

Trinity UCW has been invited to join us at noon. There is a short meeting before lunch.

Suggestions requested from North Bay Presbyterial about the Fall Event in Loring from 9:30 am to 2 pm on Wednesday, September 19, 2018 with a boat cruise planned.

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Please let us know at the meeting if you would plan to attend – cost approximately \$10.

INFORMATION FROM CONGREGATIONAL LIFE & WORK COMMITTEE



Prayer Line: People on the Prayer Line are asked to say prayers for people on the list whenever they have time to do so - preferably on a daily basis. If you know of someone who would appreciate prayers, please ask them if they would like to be put on the Prayer Line list and contact Bud McMartin at 705-474-8725. The power of prayer is unbelievable! If you know of someone who no longer wants to be on the Prayer Line, please contact Bud. If Bud is away contact Ruth Trottier 705-474-8843. If you would like to be a member of the Prayer Line praying for others, please contact Bud.



Pot Luck Suppers – a change

The Pot Luck Suppers usually take place on the first Wed. of the month about 5 p.m. with supper by 5:30. Everyone is welcome and people are encouraged to bring some food. Since elections are being held on the first Wed. in June, June 6th we decided to cancel the Pot Luck Supper. If you are interested in continuing the Pot Luck Supper during the summer months, contact Bud. Otherwise the Pot Luck Suppers will not take place in July or August due to small numbers of people attending and summer activities. Pot Luck Suppers will continue on the second Wed. of the month starting Wed., Sept. 12th & will continue as long as we have good attendance.

Coffee Fellowship:

The CL&W Committee needs your help to prepare the coffee, tea, & cookies, serve & clean-up after church on Sundays. We hope that people who come



for Coffee Fellowship will sign up on the board by the William St. entrance or to phone Jo McCulley at 705-474-7672 by Wed. to say that you are willing to help. We need your help for this event to continue. Usually people who help arrive shortly before 10 a.m. to get the key to the cupboards from the Office if a CL&W member isn't there. Tables need to be set up in the Hall with chairs if they aren't up. Instructions as to things that need to be done are on the inside of the coffee, tea cupboard (1st cupboards behind the Hall door). It only takes about 15 to 20 minutes to prepare the coffee, tea, water, milk cookies, etc. Other people often help with washing & drying the cups etc. which is really appreciated & that only takes about 20 minutes. If you don't know what to do we'll show you! We need & appreciate your help & many thanks for those that are willing to help! The purpose of Coffee Fellowship is to encourage people to mingle, care for one another & share stories to facilitate fellowship.



How do Emmanuel's expenses compare to yours?

Emmanuel, like all families, has a source of income and expenses. Emmanuel's Income is derived from your givings, the support of groups (like our UCW) within our congregation and special events. Unlike a family household, not only do we need to pay for the basics like hydro, gas, telephone and water but also the salaries of our ministerial staff (minister, secretary and organist).

How is our budget working out? To answer this, let's take a look at March, the last month for which we have full. We won't bore you with all of the details but will provide information on meaningful expenses — ones that everyone can relate to in their day to day lives. In the month of March 2018 some of our expenses were:

MARCH 2018				
ITEM	EXPENSE	REVENUE		
Salaries and benefits for our minister, secretary and organist	\$6,951.76			
Hydro	\$1,175.03			
Natural gas	\$23.76			
Telephone	\$76.54			
Water	\$67.20			
Revenue		\$6,264.00		

Now let's balance the above expenses, and these are not all of them, with our revenue from givings, (excluding those to M&S and from hall rentals and other special offerings). Those givings were \$6,264.00 which did not even meet the salary requirement. You can see the results of our energy conservation efforts, enhancements and efforts, (like being good stewarts of the electric heat thermostat settings and changing to low flush toilets) in that our utility costs are not out of line with those we might experience at home, even when considering the relative size of our church home.

So, how do we manage to pay those bills? The shortfalls are largely covered by the tireless effort and hard work of our aging volunteers – our UCW and dinner committees and cookie walk committee, etc. And most importantly, it is from all those who contribute of their time, talent and treasures in support of these special events.

These special events help to balance the books at year end; but, do little to manage the monthly cash outflow requirement. Using PAR is an excellent way to help us manage our budget. We are a young at heart congregation. Increases in pension payouts are dismal to say the least. We would like everyone to look at their givings and give just that little bit more if they are able. Every increase no matter how small would be gratefully received.

Lord, keep Your arm around my shoulder and Your hand over my mouth!

PROVINCIAL ELECTION

Emmanuel has been selected by Elections Ontario as its location for an Advanced Poll as well as a regular Polling Station for the June 7th Provincial election. They will be set up in the Bert Passmore Hall with access from both church entrances.

Please note that the public will be accessing the church building from Saturday May 26th through Wednesday May 30th (including Sunday) for the purpose of attending the Advance Poll. The same will be occurring Thursday June 7th, election day. Elections Ontario will be setting up the day prior for each.

Emmanuel is proud of its highly accessible building and is pleased to have been selected as a location for the public to exercise their democratic rights. Regular church activities will continue, as much as practical, while allowing Bert Passmore Hall to be used by Elections Ontario.



CALLING ALL GOLFERS

Circle August 30, 2018 (Thursday p.m.) on your calendar. Posters will soon be posted for the **9th Annual United Church Golf Challenge**. An opportunity for casual encounters with clergy and networking with members of other churches, the event is in tune with the evolution of United Church Canada. It serves as a "pep rally" motivating renewed interest after a summer hiatus and before a busy fall schedule.

The golfers (?) challenge is to keep up with the group ahead so that your forsome and those following are not late for dinner. Non-golfers and those otherwise committed can attend the dinner only. All have an opportunity to "putt and pray" as a participant on the putting contest, part of the 19th hole prior to dinner. Proceeds from the day that exceed expenses go to Manitou Conference for Youth Initiatives.

Emmanuel has been well represented and members rewarded by participation over the past eight years. Please commit for the 9th event and indicate your intentions (sign up)! See you at the event (August 30th) if not before!

9th Annual North Bay & Area United Church 'GOLF CHALLENGE'



Osprey Links (Callander)
Thursday, August 30th, 2018

Registration: 12:30 p.m. (Devotion, hole assignment & rules clarification)

COST: \$85/person

(includes 18 holes, dinner, power cart & prizes; 19th hole – putting contest)

Dinner Only: \$30 (6:30 p.m. at the Club House – confirmed rain or shine!)

Proceeds exceeding the cost of the event will go to support UCC youth initiatives within the area through Manitou Conference.

For more information or to register, please contact:
Dave Robinson (474-7084) or email:
jud_dave@yahoo.com
Don Haslam (474-3005) or email:

hasdo1313@gmail.com Gord Roberts (840-5548) or email: YOUR CHALLENGE

Where possible, form a team which includes:

- At least one male, one female and one player under 50
- A parent, a grandparent, a youth
- A minister, an Elder, an aspiring church leader

Organize your foursome, arrange with friends or commit yourself.

The format is a '4-person scramble' and all who enter will be on a team.

Deadline for Registration: Wednesday August 22nd

Sometimes you WIN, Sometimes you fearno.

There may be no excuse for laziness, but I'm still looking.

"VILLAGE" NEWS

Emmanuel Village Non-Profit Homes (North Bay) corporation plans to hold its Annual General Meeting the week of June 18th (tentatively Tues.) As a member of Emmanuel United church you can become a member of the Corporation (cost \$1.00), attend the meeting, and perhaps become a member of the Board of Directors of this "incorporated ministry" of United Church Canada.

While separate but connected, the 34 unit apartment building was created as part of Emmanuel's "Village" initiative in the 1980's. From the outset the Board overseeing the Corporation affairs have been members of the congregation of Emmanuel. There is currently a vacancy on the 7 person Board. As a member of Emmanuel you are encouraged to offer your time and talent to serve on the Board of Directors.



Currently, Board members are also quite active in Emmanuel Church activities and leadership. The corporation's affairs are in order and the Congregation will be in position to celebrate a milestone achievement of being mortgage free on the building on June 1, 2021. You can be part of the promising future as a member of the Corporation and serving on the Board.

Today, in the cutest voice, my 8-year-old daughter asked me to start recycling. I chuckled and asked, "Why?" She replied, "So you can help me save the planet."

I chuckled again and asked, "And why do you want to save the planet?"

Because that's where I keep all my stuff," she said.

Technology isn't Life .. Spend time with People .. Not with Devices

I had just spent an hour in the bank with my dad, as he had to transfer some money.

I couldn't resist myself and asked...

"Dad, why don't we activate your internet banking?"

"Why would I do that?" he asked.

"Well, then you won't have to spend an hour here for things like a transfer.

the person that I'm dealing with and not just the 'seller'. It creates bonds and

You can even do your shopping online, everything will be so easy!"

I was so excited about initiating him into the world of Net banking.

He asked "If I do that, I won't have to step out of the house?

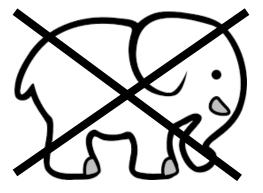
"Yes, yes"! I said, I told him how even groceries can be delivered to the door now and how amazon delivers everything!



His answer left me tongue-tied, he said: "Since I entered this bank today, I have met four of my friends, I have chatted a while with the staff who know me very well by now. You know I'm alone... this is the company that I need. I like to get ready and come to the bank, I have enough time and it is the *physical touch* that I crave. Two years back when I got sick, the store owner from whom I buy fruits, came to see me and sat by my bedside and cried. When your Mom fell down a few days ago while on her morning walk,

our local grocer saw her and immediately got his car to rush her home as he knows where I live. Would I have that 'human' touch if everything became online? Why would I want everything delivered to me and force me to interact with just my computer? I like to know

relationships. Does online deliver all this as well?



NO WHITE ELEPHANT TABLE

This year the annual UCW Bazaar, which is to be held on November 17th, is the year that we are attempting something new with our bazaar. We WILL have the usual Bake Table and Craft Table as well as our Hot Tea Biscuits and Tea Room.

However, there will be NO white elephant table. This is a decision of the United Church Women. We will reassess this decision after the November Bazaar.

We just want to let you know now so that you do not save or bring any White Elephant type of items to the church.

Emmanuel United Church Women









EMMANUEL UNITED CHURCH WALKING FOR ALZHEIMER'S

Members of Emmanuel United Church are lacing up their sneakers and making memories matter as they once again enter a team in the Walk for Alzheimer's to raise funds for the Sudbury-Manitoulin North Bay and District Alzheimer's Society.

In 2017 the team from Emmanuel was the top fund raising team for the second consecutive year and aims to come out on top again in the Sunday, June 3 walk. Funds raised through the Walk stay in the North Bay area and go towards maintaining and expanding the many services offered by the North Bay office of the Alzheimer's Society from its office on Devonshire Ave. Services for persons diagnosed and their care partners and families include family counselling, public education, support groups, memory clinics and cognitive screenings, behaviour support, art and music therapy and fitness activity programs such as the NEW Day Program and Minds in Motion.

Members of the congregation have been generous in the past and their help is essential in helping the team meet its goal. To date members of the team include: Bev Carmichael, Phillip Carmichael, Pam Zygmont, Brenda Cote, Hailey McLeod, Desiree, and Rev. Roni Beharry. Please see a team member to make a donation or go directly online at www.walkforalzheimers.ca and search for North Bay. You can also pick up an Emmanuel United pledge sheet and fund raise.



This event will be held, weather permitting, at the Respite/Family Home Building at 214 Second Avenue West.

<u>2018 North Bay Presbyterial AGM at Trinity – May 5</u>



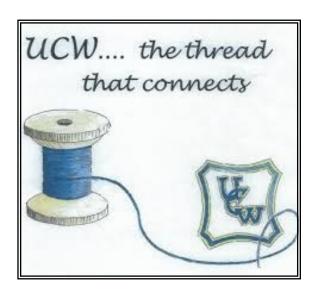
After registering and muffins and a drink, we gathered in the Fireside Room for communion and worship under the leadership of Rev. Dr. Ted Harrison. His message was summed up by a quote from Yitzhak Perlman – "Make music out of what remains" – timely during church reorganization. Someone also said that we need to tell our stories.

Vi Montpetit from the Board of Community Living of Almaguin spoke to us about the progress in 45 years of inclusion of physically and mental disabled people into our schools and communities. They are currently supporting 120 people in their district. She showed a video of the support that 7-year-old Faith gets at Mapleridge Public School made by teacher, Kathy Buell. There is a new video available now too.

The business meeting went quickly until the reports from each UCW came in – Wow! Are they ever busy!

Besides catering, they have plant sales, bake sales, selling loaded baked potatoes at the Farmer's Market, cookie buckets of 4 doz. Cookies, Rummage Sales, pot lucks, celebrating lunches and dinners together and with mental health community and other communities in their area, a prayer shawl sent to Humboldt, a travelling box that collects inspirations or small gifts for the next person the box goes to and also collects money along the way, roll call themes such as spices, women of the Bible, colours, favourite books and guest speakers. Rev Richard Smith did a presentation about harp music and North Bay Police did a presentation about identity theft and fraud for Trinity's UCW in the past year. Both Trinity and Sundridge had 7 members present, Loring had 4 or 5 and the rest of us were just one or two reps. About 25 attended.

We decided that the present executive should stay in office until we find out if there will be a Presbyterial in future. We donated \$500.00 from the Bursary Fund to Fraser Williamson who will be ordained later this month and will be the minister in Loring. We voted to collapse the GIC when it comes due in January and put the money into the General funds to be available to spend in the North Bay Presbyterial area. Ideas of where to spend over \$2,500 are being gathered by the executive. There was advice given at Toronto Conference that Presbyterial should spend what you can but keep some seed money for new projects.



9 women from Manitou Conference attended the 55th UCW Anniversary Celebration in Vancouver in July 2017. Sharon Fry and friends from Loring gave a short report on the highlights of having over 400 UCW members together, celebrating with music under the direction of Linnea Good and speakers. Moderator, Rev. Jordan Cantwell, spoke about a gift she received from The Oxford House Cree. There were reports that over 500 women have been trained in maternal health care in Tanzania from the UCW Morogoro Campaign that raised over \$260,000 dollars. Poverty dolls of hope have been presented in every legislature and to the 461 federal House of Commons and 168 Senators to remind government that there are 1.3 million children in Canada living in poverty.

Dawn Monroe, President of Manitou Conference UCW, told us there were only 25 in New Liskeard for the Manitou Conference UCW meeting with the Moderator and speakers, Rita Olink and Dar from Sudbury, who shared their stories of being Rita happened to be out of the transgender. room when it was time for nominations for Vice President of Manitou Conference UCW and there were no nominations. When Rita returned, they jokingly told her that she had been nominated and she was thrilled to accept. Spirit Dancing Presbyterial have given their notice that they will close. Timmins and Iroquois Falls are already clustering but reorganization of the UCW still is being worked on and is on the agenda for the National UCW meeting in September. promised that her October newsletter will tell all about it.



Women of Faith.

After lunch of sliced meat, buns and salads with fruit cocktail for dessert, Will Kunder spoke to us about Region 6, which enlarges Manitou Conference borders to the time change line west of Thunder Bay. He said there will be little difference in the life of the church – just a change in administration from 4 levels to 3; congregations, regional and General Council. No one will tell us what to do. He said the streamlining going on is like putting together a tough jigsaw puzzle without the picture on the top of the box to follow. He emphasized that National and Manitou Conference administrators say "Thank you, thank you, thank you" to the UCW.

The lively Not-So-Silent Auction, led by Pat Johnstone, raised \$461.00 for Manitou Youth. Carol Dobbs led us in closing worship.

Ruth Trottier.

Did you notice when you turned your United Church Calendar page to May 2018 that the photo of Little Britain United Church in Lockport, Manitoba was taken by Shelly Manley-Tannis?

According to the United Church of Canada website, that is her pastoral charge now. She spent some time at Emmanuel as an intern before she was ordained. It is always nice to hear from those who have spent some time ministering to us.



Société Alzheimer Society

SUDBURY-MANITOULIN NORTH BAY & DISTRICTS
SUDBURY-MANITOULIN NORTH BAY ET DISTRICTS

Learn about our Blue Umbrella Living Well with Dementia Program.

Please contact your local Alzheimer Society to book a

Blue Umbrella presentation or to learn more about our Programs and Services.

705-495-4342



What is a Dementia Friendly Community?

- A community that understands dementia,
- supports people with dementia to feel included and independent,
- is able to assist people with dementia in the most appropriate way, and
- makes people with dementia feel valued and welcomed.



People with dementia may have challenges with:

- Operating bank and debit card machines
- Dealing with crowded spaces or lack of personal space
- Focusing on the task at hand
- Communicating with staff
- Understanding store/business lavouts
- Visual perception

Navigating the Community with Dementia

Look for the Identifier

People with dementia wearing the identifier may need your help!

- Ask the person if they would like your help
- Take your time speak clearly and not too quickly - make eye contact
- · Try to make only one point at a time
- Try saying things another way
- Keep your language simple



- Allow them their space
- Use gestures to reinforce what you are saying
- Encourage the person to take their time
- Listen very carefully
- Use body language to help you communicate, and be conscious of the person's body language

An interesting article was recently published in the North Bay Nipissing News where a local resident explains his Blue Umbrella experience:

Former South River pastor has new calling

Dennis Landry and his family are dealing with his issues with dementia

COMMUNITY May 11, 2018 by Laurel J. Campbell Almaguin News



Donna and Dennis Landry are facing his dementia diagnosis with faith, laughter, the support of new friends, and by sharing their story with others who can benefit from their positive attitude. May 9, 2018. -
 - Laurel Campbell photo



YOU'RE INVITED

COME WALK WITH US!

DATE: Sunday, June 3rd, 2018

LOCATION: Alzheimer Society Office, North Bay 1164 Devonshire Avenue, Suite 200

REGISTRATION: 11:00 AM

OPENING CEREMONIES: 12:00 PM

WALK BEGINS: 12:30 PM Lunch and other fun family activities to follow

Last year, the North Bay Walk for Alzheimer's raised over \$10,000 for local programs and support services.

There are currently over 1600 people diagnosed with Alzheimer's disease or a related dementia in North Bay and District.

Funds raised through the Walk stay in the North Bay area and go towards maintaining and expanding the following services for persons diagnosed and their care partners and families:

- √ Family Counseling
- ✓ Public Education
- ✓ Support Groups
- ✓ Memory Clinics and Cognitive Screenings
- ✓ Behaviour Support
- ✓ Art and Music Therapy
- √ Fitness and activities programs, such as our NEW Day Program and Minds in Motion

To register for the Walk and begin fundraising, visit <u>www.walkforalzheimers.ca</u> and search for North Bay to sign up for your local event.

Or contact the Alzheimer Society to request a paper pledge form at (705) 495-4342.

NOTICE

Effective June 1, 2018 - New Office Hours at Emmanuel 9:00 a.m. - 1:00 p.m. Wednesday to Friday Inclusive







If you no longer wish to receive the Emmanuel Newsletter, please contact either the church office at 705-472-1806..or.. Karen Carmichael at 705-472-5444 or by e-mail to carmichl@efni.com

Visit our website at www.emmanuelunitednorthbay.ca

Comments, concerns and suggestions are always welcome.



Emmanuel United Church

395 Lakeshore Drive

North Bay, ON. P1A 2C5