



## EMMANUEL COMMUNICATES

395 Lakeshore Drive  
North Bay, Ontario P1A 2C5  
705-472-1806



**Minister:** Rev. Roni Beharry  
**Organist:** John Henderson  
**Secretary:** Sheila Durand  
**Office Hours:** Wednesday—Friday  
9:00 am — 1:00 p.m.  
**Chair of Council:**  
**Envelope Secretary:** Sherri Pinder

January 2020

Happy New Year, is still in order, I believe. I have to confess, I am still reflecting back to Christmas.

This Christmas, I wrote over sixty Christmas cards to members of this congregation and attempted to personally thank each person for the contributions you make to Emmanuel United Church: your time, your talent and your treasure. The exercise was helpful and it helped me to be mindful of you. I felt very encouraged by the diverse ways in which you give. You are a very generous and faithful congregation. Most of you are quiet cheerful givers and I am moved by your generosity and love for this local church.

I was equally overwhelmed by your year-end gifts, support of the cookie walk, bazaar and suppers. Thank you for your commitment toward Emmanuel's ministry presence.

2020 will bring its own joys, challenges and opportunities. We will no doubt wrestle with questions about the future of our church. Friends, our scripture readings for this liturgical season remind us that the Lord is our light and salvation, we are not to fear."



I firmly believe that though we face unknowns, the light of our Lord, the God of resurrection hope, will direct us and call us into new and exciting ways of being church. I believe that our God is still creating and has good things in store for us. It is God's church and God has a future for God's church. I hope that we are able to work more closely with neighbouring churches and community groups. I hope that we invite our neighbours to study groups here at our church.

With God's gifts of faith and wisdom, discernment and intentional effort, we can meet the challenges ahead, because the one who lights our path, will not fail us. God has given us this gift of faith and will perfect in us.

Let us trust in the one who calls us to be church. By God's grace, we continue to be joyful, faithful, generous neighbours on the Lakeshore. I thank God for each one of you. Amen.

## ON DIVERSITY....

**Today**, I was reminded of a workshop on Presentation Techniques I delivered in South Africa, several years ago. The emphasis was on the importance of diversity in the classroom.

**Using** the framework of a lesson plan I acquired off an education-based web site, my colleague from Lethbridge and I flushed out the details.

**In** the guise of an ice-breaker, as each participant registered for the workshop, they were given a coloured crayon. In the hub-bub before the start, as usual, the participants gathered in small groups of their friends and colleagues.

**We** then asked that everyone sit at the table that matched the colour of their crayon. Thus, all the greens sat at one table, all the oranges at another, etc. After everyone was seated, there was one empty table.

**We** then started a friendly game of Survivor, one table at a time. In essence, each table was an Island. We presented a series of fun joke stories without a punch-line. Each table participant was to come up with a punch-line. Each table assessed each answer, then voted off the one at their table with the worst answer. The participant with the worst answer was banished to the empty table.

**After** the final table voted off the worst answer, each table was asked to draw a rainbow. The table groups had an orange rainbow, a yellow one, a green one, etc. The best rainbow, the most colourful, was from the once-empty table full of voted-off participants, the outcasts.

**Bottom** line... even the ones we feel are the least amongst us, have worth.

Author: Darcy Brason-Lediett





# Ladies Annual Luncheon

12:00 Tuesday February 11th, 2020.

**Farina Ristorante**  
(Best Western Hotel)

**All ladies of E. U. C. are welcome.**

**For more information re the menu, or to have your name added to the 'sign up sheet' which is located in the church narthex, please contact Denyse Leigh at 705-498-7812 before February 7th.**

## FARINA RISTORANTE

### PRE-ORDER LUNCH MENU

**CAESAR SALAD** 10 = 13.00

Romaine + Prosciutto + Parmesan Crisp + Croutons + Caesar Dressing + Lemon  
+ Can Be Gluten Free +

**FARINA SALAD** 9 = 11.70

Leaf Lettuce + Arugula + Radicchio + Cucumber + Bruschetta + Carrots + House Italian Dressing  
+ Vegetarian + Gluten Free +

**BRUSCHETTA** 11 = 14.29

Ciabatta + Garlic Oil + Triple Tomato Mix + Onions + Basil + Feta Cheese + Balsamic Reduction  
+ Vegetarian +

**ZUPPA DEL GIORNO** 7 = 9.10

Created daily from fresh ingredients.

**PASTA OF THE DAY** 14 = 18.19

A bowl of our pasta creation.

**LASAGNA** 17 = 22.09

Meat Sauce + Ricotta Cheese + Pasta Sheet + Red Sauce + Three Cheese Blend

**SPAGHETTI ALLA MARINARA** 12 = 15.59 or 18.19

Spaghetti Pasta + Tomato Sauce

+ Add meatball for 2\$ +

**BUCATINI CARBONARA WITH SMOKED GOUDA** 18 = 23.39

Bucatini Pasta + Bacon + Smoked Gouda + Cream + Chilli Flakes + Caramelized Onions +  
Poached Egg

+ Can Be Gluten Free +

**TURKEY CLUB** 14 = 18.19

Smoked Turkey + Provolone Cheese + Bacon + Tomato + Sundried Tomato Aioli +  
Rosemary Focaccia Bun

**ANTIPASTO VEGETABLE WRAP** 11 = 14.29

Arugula + Artichoke + Roasted Red Pepper + Onion + Mozzarella  
+ Vegetarian + Can be Vegan +

ALL PANINIS COME WITH A CHOICE OF SOUP, SALAD OR FRIES.

15% GRATUITIES WILL BE APPLIED TO PARTIES OF 10 OR MORE.

**Remember**

SKINNY PEOPLE ARE  
EASIER TO KIDNAP.



STAY SAFE &  
EAT CAKE!

Above is the Pre-Order Lunch Menu created for us. Each of the hand printed prices include tax and gratuity.

Please note beverages are **NOT** included in this above menu and are extra.

# CUPID

Cupid is the most famous of Valentine symbols and everybody knows that boy armed with bow and arrows, and piercing hearts . He is known as a mischievous, winged child armed with bow and arrows. The arrows signify desires and emotions of love, and Cupid aims those arrows at Gods and Humans, causing them to fall deeply in love. Cupid has always played a role in the celebrations of love and lovers. In ancient Greece he was known as Eros, the young son of Aphrodite, the goddess of love and beauty. To the Roman's he was Cupid, and his mother was Venus.



There is a very interesting story about Cupid and His mortal Bride Psyche in Roman mythology. Venus was jealous of the beauty of Psyche, and ordered Cupid to punish the mortal. But instead, Cupid fell deeply in love with her. He took her as his wife, but as a mortal she was forbidden to look at him.

Psyche was happy until her sisters persuaded her to look at Cupid. as soon as Psyche looked at Cupid, Cupid punished her by leaving her. Their lovely castle and gardens vanished too. Psyche found herself alone in an open field with no signs of other beings or Cupid. As she wandered trying to find her love, she came upon the temple of Venus. Wishing to destroy her, the goddess of love gave Psyche a series of tasks, each harder and more dangerous then the last.

For her last task Psyche was given a little box and told to take it to the underworld. She was told to get some of the beauty of Proserpine, the wife of Pluto, and put it in the box. During her trip she was given tips on avoiding the dangers of the realm of the dead. She was also warned not to open the box. But Temptation overcame Psyche and she opened the box. But instead of finding beauty, she found deadly slumber.

Cupid found her lifeless on the ground. He gathered the deadly sleep from her body and put it back in the box. Cupid forgave her, as did Venus. The gods, moved by Psyche's love for Cupid made her a goddess.

Today, Cupid and his arrows have become the most popular of love signs, and love is most frequently depicted by two hearts pierced by an arrow, Cupid's arrow.







## Emmanuel's 2020 Vision

### \$ and Sense



*Communication* is discussed at all Finance Committee meetings. Is the glass “half full” or “half empty”? Don’t “sugar coat” the facts! How does one respond when expectations and needs exceed resources? The current projections for 2020 is that the deficit (\$28,406) will totally exhaust accessible reserves (\$21,809).

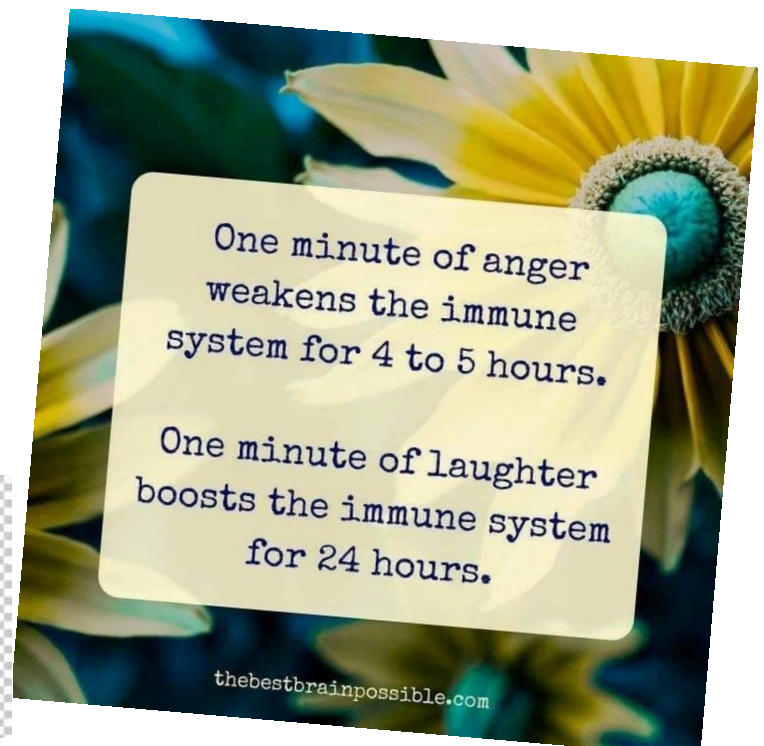
*Church* finances were featured in each edition of “Emmanuel Communicates” in 2019. Monthly “\$ and Sense” provided current statistics on revenues. Emmanuel is in a position to clearly chart a sustaining path moving forward as a result of the \$80,000 bequest received in 2019.

*Emmanuel's* unique tradition, the “non-supper supper” continues and all will receive an invitation in February. You may also experience the convenience of Avgen pre-paid cards. The “non-supper supper” generated \$21,034 in its 10 year history; and the Avgen cards yielded \$2173 for our use since its inception Nov. 2018. Please consider how you can participate and support Emmanuel in pursuit of its mission.

*Committees* did exercise restraint with expenses; and established and newly championed fund raising events exceeded expectations. In 2019 offerings to support the local church continued to decline. The collective stewardship efforts were not sufficient to overcome the projected deficit. Revenues to support Emmanuel as our “local church” were \$14,995 less than expenses in 2019.

*Efforts* to provide meaningful recommendations for the Congregation to consider when approving a budget continue.

EUC Finance Committee



# CONGREGATIONAL MEETING

Save  
the  
Date

Sunday March 29th, 2020



Save this date .... **Sunday March 29, 2020.**  
This is the date of our annual congregational meeting. Will you be able to join us?

As we gather in the Passmore Hall, preceding the meeting, lunch will be available, as prepared by the **CL&W Committee**. Come out, enjoy a light lunch choice of egg, salmon or ham sandwiches as well as dessert and beverage. Eat with friends, then stay for the meeting to learn what your church plans for the coming year.

We will have a Free-will Offering for this luncheon and your support shall be greatly appreciated as any profit goes to the General Fund of our church.



**THE ANNUAL CONGREGATION MEETING**

**SHOULD YOU ATTEND?**

**WHY?**

Most of us, whether in Sunday School or summer camp, learned the song:

*“I am the church, You are the church. We are the church together. All who follow Jesus, all around the world. Yes, we’re the church together.”*

I personally endorse the theology of this familiar chorus. We are the church together, and more than ever we need each other. We need the individual and collective wisdom and experience of each one of you as we envision the call to be church in 2020.

Yes, we can feel a connection to Emmanuel from across the globe, or in Florida or from our living rooms. However, from time to time, we need the face to face contact and the diversity of ideas and experiences. Sharing life together is church at its best. We have rallied hard in 2019, hosted at least five community building events. We have shared meals together, laughed together and comforted each other at times of sadness. Financially, we reduced our deficit in 2019, experimented with new initiatives, and continued with the activities that Emmanuel is known for: suppers, bazaars and cookie walk.



Our worship attendance averaged 40 persons in 2019, it tends to significantly decline in the winter months, excellence in worship continues. In 2020, we are at crossroad, we need your ideas and creativity to thrive. We are also striving to reduce a projected deficit that is even more sizeable than last year's projected deficit. We need your energy and passion for the future of God's ministry on the Lakeshore.

We feel that consistent worship attendance, makes Emmanuel more welcoming, it helps newer folk who attend experience that sense of community that characterizes Emmanuel's hospitality. Some of you are wonderful, connectors and bridge-builders. We also have a few ideas!

Will you join us on Sundays during the winter months, and particularly on March 29<sup>th</sup>, for our congregational worship, annual congregational lunch and year –end review? We hope you will help us envision church in 2020-2021. The community is warm and welcoming, the worship is inspiring and the preaching is faithful. The lunches are delicious and the Holy Spirit is leading us forward into the future.

We strive to share God's love as revealed in Jesus Christ, through practices of: caring, welcome, spiritual nurture and service. ***“I am the church. You are the church. We are the church together.”***





*One* tree can start a forest;  
*One* smile can begin a friendship;  
*One* hand can lift a soul;  
*One* word can frame a goal;  
*One* candle can wipe out darkness;  
*One* laugh can conquer gloom;  
*One* hope can raise your spirits;  
*One* touch can show you care;  
*One* life can make the difference,  
be that *One* today.





## Property Resource Team Of Canadian Shield Regional Council

Emmanuel United Church

January 22, 2020.

Report to Emmanuel Council by Jack Page

A member of the Property Resource Team of Canadian Shield Regional Council

Our most recent team meeting was January 16, 2020 held by a ZOOM internet connection with participants from various locals across the North with Rev. Gordon Roberts as our chair and Rev. Rob Smith and Melody Duncanson-Hales as our staff representatives.

Topics discussed:

1. Central United: Sault Ste. Marie - Structural needs – belfry and roof need work – 23 items to be fixed. Melody is offering suggestions to them to deal with this.
2. Grace United: Sudbury – Rebuilding the church. Property Resource Team support by motion and recommend to the Support of Community of Faith Commission the rebuilding of Grace United in Sudbury. Melody helping out here.
3. Harmony: Thunder Bay – Selling their church- Rob Smith is helping out here with instructions to Trustees, Church Council and approvals required and the distribution of funds.
4. Trinity: North Bay- Final cost of repairs to the structure due to roof leaks estimated at \$300,000 have asked to use \$60,000 of their manse fund to pay project loans. Approval by motion was given “that Trinity given permission to repay some of the combination of loans from their manse fund on the proviso that, over time, they pay it back to their manse fund.

Horse Shoe Falls – Property Policy on church amalgamation and disbanding to be discussed at our next meeting.

As a new group just a year old, we are still working out some policies and trying to figure out our operating budget for 2020, which at this stage is minimal.

Next meeting by ZOOM, February 13, 2020 , 2.00 p.m.



# Who Is St. Patrick and Why Do We Celebrate St. Patrick's Day?

By Rev. John Trigilio, Jr., Rev. Kenneth Brighenti

Every March 17th, thousands of people don their greenest garb, march in Irish pride parades, eat green clover-shaped cookies, and quaff frosty mugs of green beer in celebration of St. Patrick's Day. But do you really know who St. Patrick was and why he is celebrated?

Patrick was born in AD 387 just south of Hadrian's Wall in Britain, which was part of the Roman Empire (that's right — he wasn't Irish!). He was captured by Irish pagans in his early teens and taken to Ireland, where he was enslaved for six years. During that time, he grew to like the spirit of the Irish. When he escaped and returned to his family, he vowed to one day return to Ireland.

He studied at monasteries on the continent and was eventually ordained a priest and then a bishop. Pope Celestine I commissioned Patrick to be an apostle to Ireland.

Patrick initially encountered many hardships among the pagans, particularly the druids. They weren't willing to give up their power over the old religion and feared Patrick and Christianity. Although the ruling monarch, King Laoghaire, didn't convert to Christianity, many of his family members did, and little by little, the old religion began to fade. Patrick traveled from town to town, tearing down idols and temples and establishing the Catholic Church. By AD 444, the primatial see and first cathedral of Ireland were built in Armagh.

He baptized, confirmed, and ordained priests, and he erected schools and monasteries. Thousands came into the Church under his direction. He accomplished all these activities in less than 30 years, during which time the whole island nation of Ireland was converted. Toward the end of his life, he wrote *Confessions*, in which he gives a record of his life and mission. He died on March 17, 461, of natural causes. He is buried in Downpatrick in present-day Northern Ireland.

Many stories are told in connection with St. Patrick. The three-leaf clover was said to be used by the saintly bishop to explain the Trinity to the pagans, which is why it is such a common St. Patrick's Day symbol today. Another legend has Patrick driving all the snakes out of Ireland; snakes were a popular symbol among the Irish pagans. He is certainly one of the most revered saints in the Catholic Church.

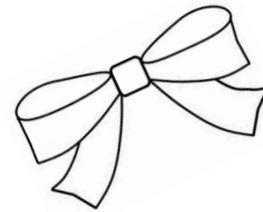
Today, St. Patrick is the patron saint of Ireland, of many dioceses throughout the English speaking world, and, of engineers. He is also invoked against the fear of snakes and snakebites.





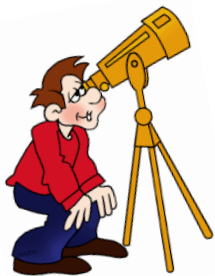
"Housework can't kill you,  
but why take a chance?"

(Phyllis Diller)



"Life isn't  
tied with a  
bow, but  
it's still a  
gift."

♦ I read that 4,153,237 people got married  
last year. Not to cause any trouble, but  
shouldn't that be an even number?



♦ I think my neighbour is  
stalking me as she's been  
Googling my name on her  
computer. I saw it through  
my telescope last night.

**Envy** is a waste of time.  
Accept what you already  
have, not what you want.



Money talks ... but all mine  
ever says is good-bye.







## LIVING WITH DEMENTIA

1. Agree, never argue
2. Divert, never reason
3. Distract, never shame
4. Reassure, never lecture
5. Reminisce, never say "remember"
6. Repeat, never say "I told you"
7. Do what they can do, never say "you can't"
8. Ask, never demand
9. Encourage, never condescend
10. Reinforce, never force







### SCENT-SITIVE ...

Scented products can aggravate health problems for some people with medical conditions.

Please, in consideration of others, do not wear scented products when attending church. Your cooperation is appreciated.



IF YOU HAVE  
MOVED, OR PLAN TO MOVE,  
PLEASE INFORM THE CHURCH  
OFFICE SO THAT ANY CORRE-  
SPONDENCE TO YOU DOES NOT

**IF YOU HAVE A NEW PHONE  
NUMBER DO INFORM THE  
OFFICE SECRETARY SHOULD  
SHE NEED TO REACH YOU.**

Our church has an AED .....  
Automatic External Defibrillator  
on site.  
Do you know where it is located?



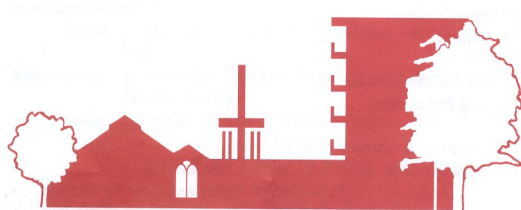
NEW EMAIL  
ADDRESS .. PLEASE  
LET THE CHURCH  
OFFICE KNOW SO  
THAT WE CAN  
STAY IN TOUCH  
WITH YOU.

If you no longer wish to receive **Emmanuel Communicates**, please contact either the church office at 705-472-1806..or.. Karen Carmichael at 705-472-5444 or by e-mail to [carmichl@efni.com](mailto:carmichl@efni.com)

Visit our website at [www.emmanuelunitednorthbay.ca](http://www.emmanuelunitednorthbay.ca)

Comments, concerns and suggestions are always welcome.

**If you no longer wish to receive  
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the church office at 705-472-1806 to have  
your name removed for the mailing list.  
Thank you, editorial staff.**



**Emmanuel United Church**

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