



Emmanuel Newsflash

www.emmanuelunitednorthbay.ca

A Message From Rev. Roni

Dear Friends,

You may find it refreshingly honest, when I suggest that I am not that different from most of you. At times, I wake up in the morning for prayer and I feel more scattered than centered. Lately, I have been trying to rise up an hour earlier and create space for reading scripture and listening prayer and still the thoughts of all the things I have to do or pastoral concerns flood my mind. I have been lighting a candle to center and I return to center by saying a simple mantra "Come, Lord Jesus Come!"

Lately I find it helpful to pattern my preparation for meeting with Jesus, by considering the intentional ways I plan to meet with a special friend. I clear my agenda, set up the space and give my friend my full attention. I look forward to the meeting!

Jesus has shown up to meet me lately! Jesus brings me peace in the storms of life. Jesus speaks words of love.

God who formed us in the womb, desires to be in a relationship with us. Jesus sets a pattern for us, that we might rise early in the morning, before the bustle of the day and meet God in prayer. I am learning that prayer isn't exclusively words. Prayer is also deep listening. With practice I am improving.

Join us on Sunday February 7th for online worship, our theme is "Being with God Under the Canopy of Grace".

We will also be celebrating the sacrament of Holy Communion online, please prepare ahead of time with a piece of bread or cracker or cookie, or cake, and a drink of your choice, as we celebrate the sacrament of Holy Communion. Jesus is with us at the table. We are nurtured and renewed for Christ's service.

Peace, Rev. Roni

Scriptures for February 7th, 2021 are:

Isaiah 40: 21-31

Psalms 147: 1-11, 20.

Mark 1: 29-39

1 Corinthians 9: 16-23

Fifth Sunday After

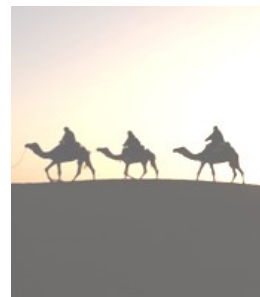


It is lovely to include members of the congregation in our online worship!

Would you be willing to create a video of yourself on your cell phone or Ipad reading scripture?

Please contact Rev. Roni indicating your interest.

If you need support in doing this, we can provide a few pointers.



Near North Palliative Care Network will soon be facilitating a Pen Pal program; This will involve seniors and students from the Indigenous studies course at Nipissing University sending letters to each other as a way to alleviate the feeling of isolation during these times. If interested or if you have any questions regarding the program, feel free to **contact Ethan Houghton at ejhoughton565@my.nipissingu.ca**.

* **The Church Office** secretary continues to work from home. Email and voice mail messages are checked regularly.
* **It is still mandatory** that you wear a face mask, complete the sign-in form & use the sanitizer when entering the Church.



**AVENUES FOR FINANCIALLY SUPPORTING
EMMANUEL'S MINISTRY AND MISSION:**

- * **AVGEN GIFT CARDS** (Contact-gtwilcox96@gmail.com).
- * **PAR** (Pre-Authorized Remittance)
- * **ONLINE GIVING** (CanadaHelps.org from our Website)
- * **E-TRANSFER** (From your personal online bank account to Brenda at euctreasurer@gmail.com)

Thank you!



Sunday Services are available online:

YouTube: Emmanuel United YouTube Channel
Facebook: <https://www.facebook.com/EUCNorthBay/>
Website: <http://www.emmanuelunitednorthbay.ca/online services.html>
Twitter: https://twitter.com/emmanuel_united

Online Worship Services will be posted by 10:30am Sunday morning on Emmanuel's You Tube Channel.



SENIORS CONNECTED NEWSLETTER

To connect seniors to events and services, promote mental health, provide useful information.

- ◆ Available in English and French
- ◆ Available online or through mail
- ◆ **To request a copy or for more information: Please email NNPCN.SC@GMAIL.COM or Call the Near North**

Zoom Devotional Group

Thursday February 11, 18
11:00am to noon.
Please contact Rev. Roni at
416-271-5313 or
eucnbminister@gmail.com
to receive resources and
the zoom invitation.

"Known by Our Love"
Emmanuel United Church shall be a caring,
welcoming faith community, nurturing
spiritual life and sharing God's love and
grace as experienced in Jesus Christ.

395 Lakeshore Drive, North Bay, ON P1A 2C5
Phone: 705-472-1806
Email: emmanuelunited@cogeco.net
Website: www.emmanuelunitednorthbay.ca
Facebook: <https://www.facebook.com/EUCNorthBay/>
Twitter: https://twitter.com/emmanuel_united