



# Emmanuel Newsflash

[www.emmanuelunitednorthbay.ca](http://www.emmanuelunitednorthbay.ca)

## A Message From Rev. Roni

During the season of Lent, I have taken on the challenge of preaching on some topics that I would traditionally avoid. This Sunday I am preaching on the theme of confession. Confession is defined as owning up to something you know or believe, and telling it forthrightly to all who should hear it. I have also heard it said that confession may be good for the soul, but it could be bad for your career! My theme sentence this week is, most of us are blind to our own shortcomings. I will be drawing an analogy from my personal life.

For one year of my adult life, I met with a psychotherapist for cognitive behavioural therapy to improve the quality of my personal relationships. It was almost instinctive to begin to rant about the shortcomings of others. My therapist, in his calm voice, would always bring me back to this question, "Now, what's your role in it?"

It takes great intentionality and discipline to deconstruct a scenario and claim your role in a conflicted relationship and the next step is to focus on that which you are empowered to change. It takes great vulnerability and trust to allow one's heart to be examined by a psychotherapist or God. Some suggest it is like allowing a trusted person to wash you. The good news is God is on the side of renewal. Confession is a step toward renewal. God is always safe.

Join us on Sunday March 21<sup>st</sup> for online worship, the video will be posted on You Tube by 10:30 am.

Blessings as we conclude our Lenten Journey.

Peace, Rev. Roni

### Scriptures for Sunday March 21<sup>st</sup>, 2021

Psalms 51, John 12  
Hebrews 5:5-10  
Jeremiah 31: 31-34  
John 12: 20-33



◆ As we prepare for **Palm Sunday, Sunday March 28<sup>th</sup>** we are planning for a virtual Palm Parade. Please email Rev. Roni a picture of you and/or members of your family waving a palm branch or any kind of greenery or artificial greenery so that we can all virtually participate.

We would love to create a photo collage for the service. My email address is: [eucnbminister@gmail.com](mailto:eucnbminister@gmail.com).

◆ In addition, do set aside some juice, bread or crackers for **communion on Palm Sunday, March 28<sup>th</sup>**.

◆ On **Maundy Thursday, April 1<sup>st</sup>, at 5:30 pm**, Rev. Roni will offer a Maundy Thursday, Meditation and Kitchentable communion on Facebook Live. Please like Emmanuel United Church, North Bay on Facebook, so that you can participate in this meditation to be livestreamed on facebook.

◆ **Friday April 2: Online at 10:30a.m.** Trinity will host a virtual Good Friday worship service featuring leaders from United Churches from throughout the North Bay area.





The Manitou Intentional Learning Community invites you to participate in a Easter study via Zoom on Mondays from 7:00 p.m. to 8:30 p.m. The last two, of the three week study, are March 22 and 29. This study, based on Donald Schmidt's book "Easter for Progressive Christians," explores the gospel accounts of the first Easter from a new perspective. Leadership provided by Melody Duncanson Hales, Dave LeGrand and Gillian Schell. Print copies and ebooks can be obtained at Woodlake

Books and from Amazon.ca To register go to the website [http:// www.manitoulearningcommunity.com/](http://www.manitoulearningcommunity.com/) and click on Register.

**AVENUES FOR FINANCIALLY SUPPORTING  
EMMANUEL'S MINISTRY AND MISSION:**

**\*AVGEN GIFT CARDS**  
(Contact-gtwilcox96@gmail.com.)

**\*PAR**  
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**\*ONLINE GIVING**  
(CanadaHelps.org from our Website)

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(From your personal online bank account to  
Brenda at [euctreasurer@gmail.com](mailto:euctreasurer@gmail.com))

**Thank you!**

\* The Church Office secretary continues to work from home. Email and voice mail messages are checked regularly.

\* It is still mandatory that you wear a face mask, complete the sign-in form & use the sanitizer when entering the Church.

**Sunday Services are available online:**

**Website:**

[www.emmanuelunitednorthbay.ca](http://www.emmanuelunitednorthbay.ca)

**Facebook:**

<https://www.facebook.com/EUCNorthBay/>

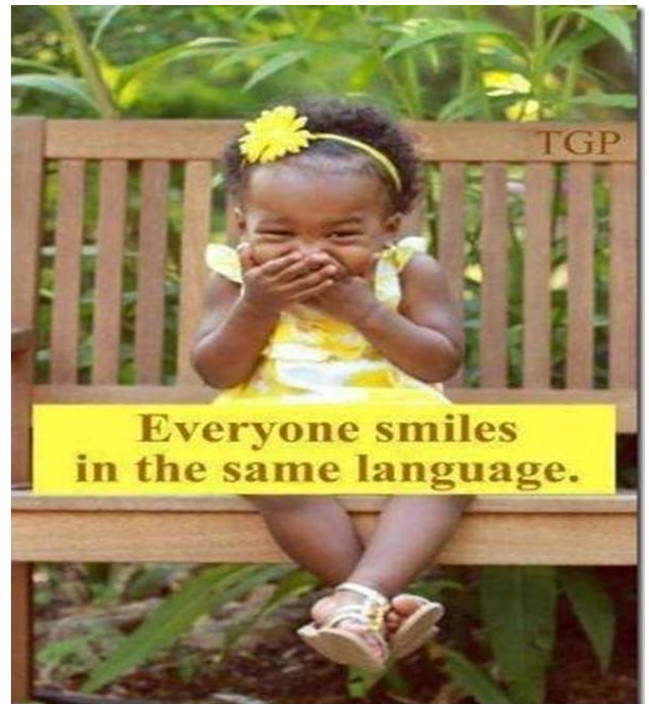
**Twitter:**

[https://twitter.com/emmanuel\\_united](https://twitter.com/emmanuel_united)

**YouTube:**

[youtube.com/channel/UCPVPl69Gy7mErMBp\\_uuQr9w](https://youtube.com/channel/UCPVPl69Gy7mErMBp_uuQr9w)

A little boy was overhead praying:  
"Lord, if you can't make me a better boy,  
don't worry about it.  
I'm having a real good time like I am."



One particular four-year old prayed,  
"And forgive us our trash baskets as we  
Forgive those who put trash in our baskets."

**"Known by Our Love"**

**Emmanuel United Church shall be a caring, welcoming faith community, nurturing spiritual life and sharing God's love and grace as experienced in Jesus Christ.**

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